BIBLIOGRAPHY/RESOURCES:

UNIVERSAL DESIGN AND ACCESSIBILITY RELATING TO HOUSING
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Aid Association for Lutherans. (1998). Home sweet home: How to help older adults live independently. Appleton, WI: Author. In this book, readers can learn special ways to help their family members who are aging in their current home. It discusses ways to select and use assistive technology as well as types of home modifications that are simple and inexpensive.


American Association of Retired Persons. (1998). Universal design house: Information packet. Washington, DC: Author. Contains information about the event “media tour of home of the future” that was held in January, 1998. This information includes a general introduction about the importance of universal design on home modifications, features and benefits of a universal design home, a sample of one house (floor plans, elevations and perspectives), lists of products used as well as products manufacturers, and popular articles from different sources about the event.

American Association of Retired Persons and ITT Hartford. (1998). Make your home a home for a lifetime: Ideas for independent living from the Hartford House exhibit. Southington, CT: ITT Hartford Group Inc. This booklet consists of a variety of architectural and interior design concepts for older persons to live comfortably for the remainder of their lives; a resource guide to help improve the comfort, convenience, safety and security of the home that includes suppliers from whom products can be purchased; and a home checklist to apply ideas from the resource guide.

American Association of Retired Persons and The Coalition for Consumer Health and Safety. (1998). Home safe home: How to prevent falls in the home. Washington, DC: Author. This brochure contains suggestions to reduce the chances of falling and a checklist for preventing falls in the home. This checklist covers stairs, the kitchen, bathrooms, general rooms and the outside.

American Association of Retired Persons. (1996). *Understanding senior housing into the next century: Survey of consumer preferences, concerns, and needs*. Washington, DC: Author. Reports findings from a nationwide telephone survey of people age 50 and older. It consists of data breakdowns by selected demographic and behavioral characteristics, and also compares results with previous surveys.


American Association of Retired Persons. (1992). *The perfect fit: Creative ideas for a safe and livable home*. Washington, DC: Author. A booklet providing readers with interactive experiences in understanding simple home modifications. It also includes several games and puzzles to test and give readers more knowledge about home modifications in a fun and entertaining fashion.


American Association of Retired Persons and The Federal Trade Commission. (1985). *Your home your choice: A workbook for older people and their families*. Washington, DC: Author. A workbook preparing older people to consider a variety of living arrangements. Included are options as simple as having someone come to your home occasionally to clean or cook, or as major as physically moving into a housing facility.


Anthon, C. (1990). Facing the fears of home renovation. *Rehabilitation Digest, 5-6.* This article gives one example of a home renovation process for creating an accessible bathroom. It also provides additional information on financial issues involved in home renovation.


Bode, M. (1999). *Creating a home for a lifetime* (Fact Sheet No. MF-2418). Manhattan: Kansas State University Agricultural Experiment Station and Cooperative Extension Service. Provides information on features of home adaptations according to older persons’ sensory and physiological changes. Pictures are presented to make home adaptation lists easier to understand.

Bode, M. (1999). *Creating a home for a lifetime* (Leader’s Guide No. MF-2418). Manhattan: Kansas State University Agricultural Experiment Station and Cooperative Extension Service. Outlines a lesson to make a home convenient and accessible as people age or become disabled. It focuses on factors to take into consideration when building or remodeling a home so that expensive alterations will not have to be made if the user develops a disability later in life.

Bode, M. (n.d.). *Assistive devices for the home* (Knowledge for Life). Manhattan: Kansas State University Cooperative Extension Service. List of several assistive devices and where to get more information that can help older persons with hearing, seeing and eating.

Booth, C. (1999, August 30). Taking care of our aging parents. *Time*, 48-51. This article focuses on the author’s experiences in taking care of her parents. The story gives general information on how her aging parents are changing physically and mentally and how she has to prepare a place for her father and also prepare herself for all these changes. There are some tips on how to anticipate parents’ needs for housing and medical care.


Greenwald, J. (1999, August 30). Taking care of our aging parents. Time, 52-55. This article explores different housing options for older persons. It describes five types of homes for older persons with limitations for each, costs, and what kinds of facilities are offered


Henderson, C. (1998, November). Today’s affluent oldsters: Marketers see gold in gray. *The Futurist*, 19-23. This article reviews various markets for older people that are growing rapidly such as travel and pharmaceuticals, and a new effort by business to be sensitive to customers who do not feel old.


Leibrock, Cynthia and Rampola, Mary Beth. 1998. Universal Design Form #170390-AA. (Kohler, Wisconsin: The Kohler Company).


Park, J. M. (n.d.). *Adult day care: An alternative to institutionalization* (No. T-2139). Stillwater: Oklahoma Cooperative Extension Service. In this fact sheet, children’s alternatives for taking care of their parents who are old and frail are discussed with a focus on adult day care. It provides information on what adult day care is, what types of older persons can use this facility, what services adult day care offers and how to locate one in the community.

Park, J. M. (n.d.). *Planning for your future: Housing and health care options for older adults* (No. T-5136). Stillwater: Oklahoma Cooperative Extension Service. Encourages older people to think ahead about where to live and what health treatments to receive in later years. It also invites older people to discuss this planning with their family. Issues included are options for remaining in a familiar community, moving in with an adult child and alternative housing choices.


Schultz, J. R., and Drummond, S. E. (n.d.). *Assessing an older person’s home and neighborhood environment* (No. T-5130). Stillwater: Oklahoma Cooperative Extension Service. Describes the importance of designing the living environment for older persons to be able to live independently in later years. The living environment consists of five basic needs: safety and security, comfort, privacy and control, social contact, and independence and personal development.


Tremblay, K. R., Jr., and Kreul-Froseth, S. A. (1999). *Safe, comfortable housing for the elderly* (Consumer Series No. 9.913). Fort Collins: Colorado State University Cooperative Extension. A fact sheet providing a quick check list that helps the elderly who want to live longer in their own home in evaluating the safety of their existing home.


Weisman, J. (n.d.). Housing as we grow older: Design considerations for a supportive environment (No. NE 211E). Ithaca, NY: Cooperative Extension Service of the Northeast States. Discusses older persons’ needs and capabilities as well as the necessity for their homes and environments to be supportive in years to come.


Winter, Steven. 2001. A Basic Guide to Fair Housing Accessibility: Everything Architects and Builders Need to Know About the Fair Housing Act Accessibility Guidelines. NJ: Wiley


Yearns, M., Caltvedt, E., and Zalenski, P. (1993). To move or not to move (The Caring Connection, Issue 9). Ames: Iowa State University Extension. This issue explores living arrangements for older adults. It includes ways to support an older person’s desire to age in place. It also describes various kinds of housing with supportive services.


AIM’s guide to housing choices. Long Beach, CA: Author. This guide presents housing options and factors to consider so readers can make the best housing and location decisions for them after retirement.

WEBSITES AND LINKS

Home Design

AARP Home Design
http://www.aarp.org/families/home_design

Architectural Designs
http://www.architecturaldesigns.com

B 4 You Build
http://www.b4ubuild.com

Charles Schwab Universal Design Smart Homes
http://www.universaldesignonline.com

Design Basics
http://www.designbasics.com/

Easy Living Home
http://www.easylivinghome.org

Eskaton Senior Living
http://www.eskaton.org/

Housing Zone
http://www.housingzone.com/

Southern Living-House Plans
http://www.slhouseplans.com/

Universal Design.com
http://www.universaldesign.com/

Affordable Housing
Affordable Comfort
http://www.affordablecomfort.org

Affordable Housing Design Advisor
http://www.designadvisor.org

Cardinal Homes
http://www.cardinalhomes.com/

Dept. of Housing and Urban Development-Manufactured Housing
http://www.hud.gov/offices/hsg/ramh/mhs/mhshome.cfm

Excel Homes
http://www.excelhomes.com

Fleetwood Homes
http://www.fleetwoodhomes.com

Habitat for Humanity International
http://www.habitat.org

The Home Store
http://www.thehomestore.com/universal/whyuniversal.html

Housing Assistance Council
http://www.ruralhome.org

Journal of Manufactured Housing
http://www.journalmfdhousing.com

Manufactured Housing Institute
http://www.manufacturedhousing.org/default.asp

National Affordable Housing Network
http://www.nahn.com

Rebuilding Together
http://www.rebuildingtogether.org

Home Modifications

Center for Inclusive Design and Environmental Access
http://www.ap.buffalo.edu/idea

Concrete Change – Visitability
http://www.concretechange.org

Institute on Human Centered Design (Adaptive Environments)
http://www.adaptenv.org

Lifease, Inc.
http://www.lifease.com

National Resource Center on Supportive Housing and Home Modifications, Andrus Gerontology Center, University of Southern California, 213-740-1364
http://www.homemods.org

Whole Building Design Guide
http://www.wbdg.org

Products

Abledata
800-227-0216
http://www.abledata.com

Access One
http://www.beyondbarriers.com

Dynamic living
http://www.adaptmy.com

Checklists

AARP Housing Checklists
http://www.aarp.org/home-garden/home-improvement/info-03-2004/caps.html

Kansas State University, Creating Accessible Homes

Design Standards and Guidelines

American National Standards Institute
212-642-4900
http://www.ansi.org
Center for Universal Design
800-647-6777
http://www.ncsu.edu/ncsu/design/cud/

Fair Housing Accessibility First
(888) 341-7781 (V/TTY)
http://www.Fairhousingfirst.org

Regional ADA Technical Assistance
800-949-4232
http://wwwadata.org

U.S. Access Board
800-872-2253; 800-993-2822 TTY
http://www.access-board.gov

U.S. Dept. of Justice
Technical assistance on ADA
800-514-0304, 800-514-0383 TTY
http://www.usdoj.gov/crt/ada/adahom1.htm

Research

AARP
http://www.aarp.org/research

Institute on Independent Living (Sweden)
http://www.independentliving.org

National Rehabilitation Information Center
800-346-2742
http://www.naric.com

ProMatura
http://www.promatura.com

Organizations

Advocacy and Information

AARP American Association of Retired Persons
http://www.aarp.org
Aging in Place.com – Seniors at Home
http://aginginplace.com/mini-2/planning-to-stay/

Aging in Place.com
http://aginginplace.com/index.php?option=com_frontpage&Itemid=1

Alzheimer’s Association
800-272-3900
http://www.alz.org

Alzheimer’s Disease Education & Referral Center
800-438-4380
http://www.alzheimers.org/

American Foundation for the Blind
800-AFB-LINE
http://www.afb.org

American Heart Association National Center
800-AHA-USA-1
http://www.americanheart.org

American Stroke Association National Center
888-4-STROKE
http://www.strokeassociation.org

Amputee Coalition of America
888-AMP-KNOW
http://www.amputee-coalition.org

Arthritis Foundation
800-283-7800
http://www.arthritis.org

Council for Exceptional Children
888-CEC-SPED
http://www.cec.sped.org

Cystic Fibrosis Foundation
800-344-4823
http://www.cff.org

Denver Post
http://www.denverpost.com/headlines/ci_13311150
Diabetes Foundation
http://www.diabetes.org

Disability Rights Education Defense Fund
202-986-0375
http://www.dredf.org

Disabled American Veterans
202-554-3501
http://www.dav.org

Eastern Paralyzed Veterans of America
United Spinal Association
http://www.unitedspinal.org

Easter Seals Society
312-726-6200
www.easter-seals.org

Elderweb
www.elderweb.com

Hafele

Lighthouse International
800-829-0500; 212-821-9713 TTY
http://www.lighthouse.org

Multiple Sclerosis Society
http://www.nationalmssociety.org

Muscular Dystrophy Association
800-572-1717
http://www.mdausa.org

National Association of the Deaf
301-587-1788; 301-587-1789 TTY
http://www.nad.org

National Building News

National Council on Aging
www.ncoa.org
National Council on Independent Living
703-525-3406; 703-525-4153 TTY
http://www.ncil.org

National Institute on Deafness and Other Communication Disorders
National Institute of Health
301-496-0252
http://www.nidcd.nih.gov

New York Home Magazine

Paralyzed Veterans of America
800-424-8200
http://www.pva.org

Parkinson’s Society
http://www.parkinson.org

Senior Friendly
www.seniorfriendly.com

Seniors Marketplace News
www.seniormarketplacenews.com

Silver Planet Aging
http://www.silverplanet.com/health/healthy-living/planning-lifetime-shower/54822

United Cerebral Palsy
http://www.ucp.org

Universal Design Partners
http://universaldesign.org/blog

US News and World Reports

Design and Professional

Advanced Design Institute
http://www.advanceddesign.org/

Aging Beautifully
www.AgingBeautifully.org
American Institutes of Architects
http://www.aia.org/index.htm

American Occupational Therapy Association
http://www.aota.org/

American Society of Interior Designers
http://www.asid.org

Gerontological Society
www.geron.org

HomeSight
http://www.homesight.org

National Association of Home Builders
http://www.nahb.com

National Association of the Remodeling Industry
http://www.nari.org

National Kitchen and Bath Association
http://www.nkba.org

Project Action
http://www.projectaction.org/

International

European Concept for Accessibility (Luxembourg)
http://www.eca.lu

European Institute for Design and Disability
http://www.design-for-all.org

Government

Administration on Aging
http://www.aoa.gov/

Americans with Disabilities Act
http://www.ada.gov/
U.S. Dept. of Housing and Urban Development
Technical assistance on Section 504 and Fair Housing:
800-827-5005

U.S. DOT – FTA ADA Regs
http://www.fta.dot.gov/civilrights/12876.html